

Harvest Drug & Gift

"...more than just a drug store!"

COME SEE US!

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Wichita Falls, Texas
76309

Phone:

(940) 692-7081

Fax:

(940) 692-9676

We're on the Web!

Shop Online at:

www.harvestdrugandgift.com

Happening Now!

- AADE Accredited Group Diabetes Education Class: Wednesday, August 23rd @ 10:30 in the Harvest Drug Conference Room. RSVP!
- OTC shoe insoles are available! Come visit our certified pedorthist for a free assessment using the iStep machine!
- Android Users: Download our free App in the Google Play Store by searching "Harvest Drug & Gift"

Back to School—Keeping Kids Active When Summer Ends

When it's summertime, kids tend to spend their days playing outside or splashing around at the pool. And all that activity is a good thing. But how can you help keep your kid's activity level up when school starts again?

According to the US Office of Disease Prevention and Health Promotion (ODPHP), kids who participate in regular activity can set the stage for a healthy adulthood.

Although chronic diseases like type 2 diabetes, high blood pressure and heart

disease often don't show up until adulthood, risk factors for these diseases may appear early on, according to the ODPHP.

The ODPHP recommends that children have at least one hour of moderate to vigorous physical exercise each day.

During play time, kids often incorporate aerobic, muscle-strengthening and bone-strengthening exercise, which builds up endurance and promotes heart health.

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often incorporate aerobic, muscle-strengthening and bone-strengthening exercise, which builds up endurance and promotes heart health.

Running, skipping, jumping and climbing trees are just some examples of these activities.

These tips can make the whole family happier and healthier — even after those free-wheeling summer days are gone.

Citation: US Office of Disease Prevention and Health Promotion, "Physical Activity Guidelines for Americans"

Featured Compound: Topical "ABC" Cream

Did you know Harvest Drug & Gift has the ability to compound custom medications for you and your family?

Many patients have different types of pain and may benefit from a combination of different ingredients to address issues such as inflammation, muscle tightness and neuropathy. Instead of using multiple oral pills which may have high systemic absorption and may cause stomach distress, the creams can address multiple symptoms with one application.

Our topical "ABC" cream is effective for many different types of pain. "ABC" stands

for 3 of the ingredients:

A= Amitriptyline
B= Baclofen
C= Cyclobenzaprine

It also has an anti-inflammatory and topical anesthetic agents! It is ideal for people with an active lifestyle, chronic pain, sports injuries, sprains, plantar fasciitis, and any other localized pain.

Ask your doctor or call one of our pharmacists today if you are interested in trying our new "ABC" cream!

Harvest Drug Receives ACHC Re-Accreditation

We are proud to announce our recent achievement of PCAB re-accreditation, a service of ACHC, for the services of sterile compounding, nonsterile compounding, and Community Retail Pharmacy with Fitter Services. The re-accreditation is awarded in recognition of our pharmacy's commitment to meeting and/or exceeding national quality standards. PCAB accreditation reflects an organization's dedication and commitment to meeting standards that facilitate a higher level of performance and patient care.



JH
JON HART
Annual Fall Promotion
July 15th - August 31st

	Sale Price	Savings
#907 Backpack	\$113	\$29
#621 Bird Bag	\$132	\$33
#206 Clear Becky	\$72	\$19
#213 Clear Bellaire Bag	\$45	\$4
#202 Cowtown Clutch	\$99	\$24
#225 Daisy	\$119	\$11
#560 Daytripper	\$155	\$39
#816 Easyview Organizer	\$54	\$14
#575 El Mercado	\$73	\$6
#508 Game Day Tote	\$78	\$21
#507 Highland Park Tote	\$181	\$46
#105 JH Belt	\$135	\$10
#106 JH Belt Buckle	\$28	\$3
#2450 JH Card Case	\$39	\$3
#2740 JH Mainliner	\$165	\$41
#110 JH Wrap Bracelet	\$62	\$4
#908 Large Backpack	\$171	\$43
#610 Large Cooler	\$227	\$55
#634 Large Revolver Case	\$95	\$24
#812 Large Travel Kit	\$103	\$27
#511 Left Bank	\$152	\$38
#566 Medium Holiday Tote	\$150	\$37
#828 Medium Square Duffel	\$227	\$55
#580 NS Shopper	\$209	\$16
#629 Rifle Cover	\$245	\$62
#671 Shag Bag	\$56	\$14
#627 Shotgun Cover	\$206	\$52
#625 Sidekick	\$87	\$22
#436 Slimline Computer Case	\$260	\$63

*Sale does not include Greek or University items.
 **Cost of personalization not included above

UPCOMING EVENTS:

- Teacher Appreciation Week August 1st-8th: Bring your Teacher ID in and receive a \$10 gift certificate! (some exclusions apply)
- Pandora Promotion August 1st-20th: Spend \$125 on full priced Pandora jewelry and receive a free tote!
- Brighton Promotion August 11th - 27th: Spend \$75 on Brighton jewelry and receive a free pair of heart mini post earrings!
- October 13th-19th: With a single in store, same-day purchase of \$50 or more in Brighton charms, beads, or spacers (carriers excluded), and get a Halo Slide Charm Bracelet absolutely FREE!
- Reserve Brighton's "Power of Pink" bracelet before October 1st to be sure you get one!